ADHD
Family Support Group Malta

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3rd January 2012

CIRCULAR NO. 162

Dear All,

Once again we start a New Year, full of hopes and promises and resolutions, which will no doubt cause us a lot of guilt when we can't keep them!!

Not to worry, there is always tomorrow, and with ADHD family members that is what we have to remember and focus on – if we can't do it today, we can try again tomorrow.

Our first meeting of the year is scheduled for 13th January, a Friday, as usual. This time we have asked, and she has kindly accepted, Ms. Claire Cachia, who is the Psychiatric Nurse at the Child Guidance Unit and she will be talking about how your child can be referred and the process involved. Ms. Cachia will also explain the difference between this Unit and the Child Development and Assessment Unit which are often confused and mixed into one by parents.

The Group is in possession of copies of Guidelines to apply for Statementing and samples of the various forms that need to be compiled by both parents and teachers. Any members who would like a copy are to let us know immediately.

The meeting will start at 6.30 p.m. and unfortunately, due to lack of human resources, the library will not be present during the meeting any more but you can contact Marlene Chetcuti Ganado directly on 21311438 to arrange a time to choose a book. The library has grown too big and heavy to carry to and fro each time so we have, regrettably, had to take this decision.

As usual, there will be the usual carer for children over the age of 7.

We look forward to seeing all our members and any newcomers at this meeting.

Regards

Suzanne Bezzina
Hon. Secretary

3 ta’ Jannar 2012

<u>CIRKULARI NO. 162</u>

G]e\ie\,

Er[ajna bdejna sena o]ra, b’tamiet u ri\oluzzjonijiet li bla dubju j[ag]luna n]ossuna]atja kemm il-darba ma n\ommux mag]hom.

Ma ninkwetawx, wara kollox hemm g]ada. U a]na, mal-membri tal-g]aqda ADHD, irridu niftakru dejjem li dak li ma nistg]ux nag]mlu illum, nistg]u ner[g]u nippruvaw nag]mluh g]ada.

L-ewwel lag]qa g]al din is-sena ser tkun fit-13 ta’ Jannar, il-{img]a b]as-ssoltu. Din id-darba stedinna, u hija [entilment a``ettat, lil Ms Claire Cachia, li hija Psychiatric Nurse ta’ Child Guidance Clinic u li ser tkellimna fuq kif it-tfal ji[u riferuti hemmhekk u l-pro`ess involut. Ms Cachia ser tispjega wkoll id-differenza bejn Child Guidance Clinic u Child Development and Assessment Unit, li]afna drabi, l-[enituri ja]sbu li huma l-istess.

B]alissa g]andna f’idejna kopji ta’ linji gwida biex tkunu tistg]u tapplikaw g]al Statmenting u formoli varji li jridu ji[u mimlija kemm mill-[enituri kif ukoll mill-g]alliema. Min irid, g]andu jikkuntattja lilna.

Il-lag]qa tibda fis-6.30pm. Minn din is-sena mhux ser ikollna il-kotba tal-librerija fil-lag]qat tag]na, imma min irid jissellef xi ktieb, jista’ j`empel lil Marlene Chetcuti Ganado fuq 21311438 u jirran[a appuntament mag]ha biex tkunu tistg]u tag]\lu u tissellfu ktieb. Dawn huma tqal ]afna biex nog]qodu n[orruhom minn u lejn id-dar kull darba, g]alhekk, kontra qalbna, kellna nie]du din id-de`i\joni.

Ikollna g]alliema tal-PSD li tie]u]sieb it-tfal minn 7 snin il-fuq.

Nispera li naraw lilkom, membri tag]na, kif ukoll o]rajn li jridu jattendu g]all-ewwel darba.

Suzanne Bezzina
Hon. Segretarja