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30th March 2010

Circular No. 145

Dear Members,

As you know, we have held our 12th Annual General Meeting and I'd like to thank all of you who made the effort to attend since without your presence, we could not have elected a new Committee. We now have a new Committee Member, Mrs. Suzanne Bezzina and we would like to welcome her. She has already been allocated some work so she will surely feel useful.

The Committee is now set on working full speed ahead for the conference in September when we will have Prof. Thomas E. Brown here on the island. If anyone is wondering who he is, just google him and you will see why it is a date (17th and 18th) that you need to book in your diary from now!

The next meeting of The AD/HD Family Support Group will, as always, be held at the Junior College, Msida on Friday 9th April and it will start at 6.30 pm. Should you wish to have a look at the Group's Library books, including the latest by Prof. Brown and which you may borrow, please come at 6.00 pm.

This month there will be a talk on 'Study Tips' to prepare you for the coming exams.

We would also like to remind you that Coaching is available by Simone Schembri at a reduced rate to members of the Group. While the Parental Skills Courses are still waiting for a few more people to join before starting.

Yours sincerely

Tessa Anastasi

Hon. Secretary



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Għeziez Membri,

Bhal ma tafu, ghadu kif kellna it-tnax-il Annual General Meeting. Nixtieq nirringrazzja lil kull min attenda ghax, minghajr il-prezenza taghkom, ma konniex inkunu nistghu ntellghu kumitat gdid. Mrs Suzanne Bezzina hija membru gdid fil-kumitat. Nixtiequ nilqghuha. Diga giet moghtija xi xoghol u ghalhekk zgur li se thossha ta' bzonn fil-kumitat.

Il-Kumitat issa qed jahdem bla gheda ghall-konferenza f'Settembru meta Prof. Thomas E. Brown se jzur lil Malta. Ghal min jixtieq ikun jaf aktar dwaru, kull m'ghandu jaghmel hu li jidhol fuq google u jara ghaliex ghandu jimmarka d-dati ta' 17 u 18 ta' Settembru fid-djarju sabiex jattendi din il-Konferenza

Il-Laqqgħa tal-Grupp AD/HD li jmiss se ssir nhar il-Ġimgħa 9 t'April u tibda fis-6.30 pm. Bħas-soltu din il-laqqgħa se ssir fil-Junior College, Msida. Jekk tixtieq tara jew tissellef xi ktieb mil-Librerija tal-Grupp, jekk jogħġbok ejja fis-6.00 pm. Fost dawn il-kotba hemm l-ahhar kotba li hareg Prof Brown. Dawn tistghu tissellfuhom.

Dan ix-xahar se jkollna għajnuna dwar kif it-tfal jistudjaw biex nipreparaw ghall essamijiet.

Nixtiequ nfakkrukom illi Coaching minn Simone Schembri jinghata lill-membri tal-grupp b'rati ridotti. Il-Korsijiet tal-Parental Skills ghad fihom xi postijiet li jistghu jimtlew.

Dejjem Tieghek

Tessa Anastasi

Hon. Segretarja AD/HD Family Support Group