



P.O Box 02 St Julians STJ 1001
Tel : 21 233 749 (phonemail)
Tel : c/o 21 451 702
Website : www.adhdmalta.org
Email : info@adhdmalta.org

2nd March 2009

CIRCULAR NO. 133

Dear Members,

We write to remind all members that the next monthly meeting of the AD/HD Family Support Group will be held on **Friday 13th March 2009 at Junior College Msida, starting 6.30 p.m.** The meeting will be addressed by Ms Joanna Buhagiar who will be speaking on "Building a Constructive Relationship with Your Child". This meeting is the second in a series of three that the group is presenting during these months.

The **PSD** sessions **will** be held as usual. We do encourage you to bring your kids with AD/HD who are seven years of age and over for such sessions. The **child minding services** for children under seven years of age **will** also be available as usual.

The group refers to the Parenting Skills Courses and that the first group of parents have started the relative course. We also remind all those interested to attend to either send an email, a letter or advise one of the committee members at the meeting. We assure all that the group will be organising further courses in order that all those who showed, and will show, interest to attend such courses will actually attend such courses.

The Group has always felt the need to have materials regarding ADHD in Maltese for members and for general information. There have been regular attempts to address this situation however the costs of farming out such initiative and the time that such translations take resulted in a limited number of documents translated into Maltese that the group has. It our wish to embark on a systematic project whereby the group builds up such section of its resources. To achieve this the ideal would be that a number of people give that bit that they can which altogether would make a good chunk of resources. Thus the group calls on members to possibly offer such services. We repeat we ask for a little bit from as many members as possible. Thank you in advance.

Keep third week in September (ADHD Awareness Week) pencilled in your diary.

Again we remind members whose membership is due to renew their membership.

Yours Sincerely
Olav Attard
AD/HD Family Support Group
Circular 133 – ADHD Family Support Group



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Ċirkulari Nru 133

Għeżiež Membri

Niktbu sabiex infakkru l-kulhadd dwar il-laqqgħa li jmiss ta' l-AD/HD Family Support Group li ser issir nhar **il-Ġimgħa 13 ta' Marzu 2009 fil-Junior College, Msida u li tibda fis-6.30 ta' filgħaxija**. Il-laqqgħa ser tkun indirizzata minn Ms Joanna Buhagiar li ser titkellem fuq "l-Importanza li tibni b'mod Kostruttiv Relazzjoni mat-tfal Tagħna". Din il-laqqgħa hija t-tieni laqqgħa minn sett ta' tlieta li l-grupp qed jippreżenta għal dawn ix-xhur.

Waqt il-laqqgħa **ser** ikun hemm is-servizz tal-lezzjonijiet tal-**PSD** għat-tfal li għandhom l-ADHD u li għandhom minn seba' snin 'l fuq. Is-servizz ta' tħaris tat-tfal li għandhom inqas minn seba' snin **ser** ikun provdut ukoll.

Il-grupp jirreferi għall-kors ta' "Parenting Skills" u l-ewwel wieħed diġa beda. Kull min hu interessat li jattendi kors ta' "Parenting Skills" indirizzat b'mod speċifiku għal ġenituri ta' tfal / adoloxxenti bl-ADHD, jista' jikteb lill-grupp, jibgħat email jew javża 'l xi membru tal-kumitat waqt il-laqqgħa. Nassiguraw 'l kullhadd li ser isiru korsijiet kemm hemm bżonn, u dan sabiex kull min wera, jew ser jesprimi, interess jingħata opportunità jattendi wieħed mill-korsijiet.

Il-Grupp dejjem ħass il-bżonn li jkollu ammont ta' materjal bil-Malti kemm għall-użu tal-membri, kif ukoll bħala mezz ta' informazzjoni. Kemm-il darba saru sforzi iżda l-ispejjes involuti sabiex dan isir minn professjonisti, jew il-ħin involut f'tali inizzjattivi wasslu sabiex għandna ammont żgħir minn materjali ta' dan it-tip. Li nixtiequ huwa li nagħtu spinta lil dan is-settur fil-Grupp tagħna billi nistaqsu lilkom il-membri jkunx possibli li tagħtu f'tit ħin għal dan it-tip ta' xogħol. Nemmu li l-ftit ta' ħafna jwassal li jkollna iktar materjal bil-Malti. Nistennew min għandkom u grazzi bil-quddiem

Żommu f'moħħkom it-tielet ġimgħa ta' Settembru (ADHD Awareness Week).

Infakkru l-membri konċernati dwar it-tiġdid tal-mizata tas-sħubija.

Dejjem Tagħkom,
Olav Attard
AD/HD Family Support Group
Ċirkulari 133 – ADHD Family Support Group