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2nd February 2009

CIRCULAR NO. 132

Dear Members,

We write to remind all members that the next monthly meeting of the AD/HD Family Support Group will be held on **Friday 13th February 2009 at Junior College Msida, starting 6.30 p.m.** The meeting will be addressed by Dr Anton Grech (Psychiatrist) who will be speaking on the Medical aspect of ADHD, its medical component and reasons, as well as remedies from a medical point of view. This meeting is the first in a series of three that can be considered as a good source of information with regards to ADHD.

The **PSD** sessions **will** be held as usual. We do encourage you to bring your kids with AD/HD who are seven years of age and over for such sessions. The **child minding services** for children under seven years of age **will** also be available as usual.

The group also refers to the Parenting skills courses that were advertised last year. The first group of parents have started the relative parenting skills course. At the same time the group was pleased to have received a good number of applications, so much so that other courses are being planned in order to reach all those that showed their interest in attending for such parenting skills courses aimed specifically at parents of children / adolescents with ADHD. Furthermore anyone interested to attend and who has not expressed such interest up to now is welcome to either send an email, a letter or advise one of the committee members at the meeting. We assure all that the group will be organising further courses in order that all those who showed, and will show, interest to attend such courses will actually attend such courses.

A reminder from the treasurer regarding the membership fee for the year 2009. Please confirm your current email address for circulation of materials, articles and notices.

The group is also aiming to make a noise during ADHD week in September 2009. Exact dates and activities will be advised later on.

Yours Sincerely
Olav Attard
AD/HD Family Support Group
Circular 132 – ADHD Family Support Group



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Għeżiež Membri

Niktbu sabiex infakkru l-kulhadd dwar il-laqqgħa li jmiss ta' l-AD/HD Family Support Group li ser issir nhar **il-Ġimgħa 13 ta' Frar 2009 fil-Junior College, Msida u li tibda fis-6.30 ta' filgħaxija**. Il-laqqgħa ser tkun indirizzata minn Dr Anton Grech (Psikjatra) li ser jtkellem fuq l-ADHD minn lenti medika. Din il-laqqgħa hija l-ewwel waħda minn sett ta' tlieta li fihom wieħed jista' jitgħallem u jiġbor informazzjoni dwar l-ADHD.

Waqt il-laqqgħa **ser** ikun hemm is-servizz tal-lezzjonijiet tal-PSD għat-tfal li għandhom l-ADHD u li għandhom minn seba' snin 'l fuq. Is-servizz ta' tħaris tat-tfal li għandhom inqas minn seba' snin **ser** ikun provdut ukoll.

Il-grupp jirreferi li l-ewwel kors ta' "Parenting Skills" beda f'Jannar. Wara l-avviż li sar is-sena l-oħra il-grupp irċieva għadd konsiderevoli ta' applikazzjonijiet. Min hu interessat li jattendi kors ta' "Parenting Skills" indirizzat b'mod speċifiku għal ġenituri ta' tfal / adoloxxenti bl-ADHD, jista' jikteb lill-grupp, jibgħat email jew javża 'l xi membru tal-kumitat waqt il-laqqgħa. Nassiguraw 'l kullhadd li ser isiru korsijiet kemm hemm bżonn, u dan sabiex kull min wera, jew ser jesprimi, interess jingħata opportunità jattendi wieħed mill-korsijiet.

Nirreferu avviż minn-naħa tat-teżorier rigward it-tiġdid tas-sħubija għas-sena 2009. Waqt li tkunu qed iġgeddu s-sħubija nitolbukom tavżaw l-indirizz elettroniku kurrenti tagħkom. Dan sabiex inkunu nistgħu nibqgħu inżzommu kuntatt magħkom permezz tal-email.

Il-grupp qed jippjana wkoll li jorganizza attivitajiet f'Settembru 2009 li bihom jiżdied l-għarfien dwar l-ADHD. Navżaw id-dati u l-attivitajiet iktar 'l quddiem.

Dejjem Tagħkom,
Olav Attard
AD/HD Family Support Group
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