



P.O. Box No 2, St Julians STJ 1001 / Tel 21233749 (Answering machine – Leave a message and we will phone back).

2nd September 2007

CIRCULAR NO. 116

Dear Members,

August has gone by, holidays are getting to a close and school time is round the corner. We hope you had Summer Holidays full of energy and events.

Time around to start our monthly meetings. The next monthly meeting of the AD/HD Family Support Group that will be held on Friday 14th September 2007 **at Junior College Msida, starting 6.30 p.m.** The meeting will be an open meeting for parents with a brief introduction regarding what the group is doing in the Adult section of the group.

The PSD sessions **are going** to be held. We do encourage you to bring your kids with AD/HD who are seven years of age and over for such sessions. The child minding services for children under seven years of age will be available as usual.

During the summer holidays the committee continued in its endeavour to bring forward the group through working on various issues. a) Ms Simone Schembri will be attending a coaching course in September and October. The group is supporting such training. b) Regarding premises we hope to conclude for a temporary solution in Msida. More details will be forthcoming. c) We have been in contact with authorities and proposed a train the trainers course for parenting skills with a special emphasis on AD/HD. Such proposal was favourably received and the details and being ironed out. d) our commitment towards AD/HD Europe continued with a number of document and information contributions that were requested towards the aim of effectively setting up the EU Association for AD/HD organisations. e) we also continued to follow the issue of the ID Cards through the National Commission for Persons with Disability (KNPD) and are very close to concluding this issue by presenting the wording that would feature on such identification.

The group has been asked to organise once again the In-Service Training module as part of the Education Division. The July session can be considered a success once again, and we look forward to the September session.

Attached with this circular you will also find a flyer regarding a seminar that is being organised for AD/HD, Dyslexia and Dyspraxia – “The Role of Essential Fatty Acids Omega 3 & Omega 6”. Further details as per flyer.

A kind reminder for those members who haven't renewed their membership to kindly do so. The membership fee is Lm7.00 for the year ending December 2007.

Yours Sincerely

Olav Attard

Secretary AD/HD Family Support Group

Circular No 116 – AD/HD Family Support Group



Kaxxa Postali Nru 2, San Ġiljan STJ 1001 / Tel 21233749 (Answering machine – Halli messaġġ u ncemplulek ahna iktar tard).

2 ta' Settembru 2007

Ċirkulari Nru 116

Għeżiež Membri

Awwissu għadda, il-vaganzi dalwaqt jintemmu u żmien l-iskola dawlaqt magħna. Nittamaw li kellkom vaganzi tas-sajf mimlija attivitajiet.

Reġa' wasal iż-żmien li nerġgħu nibdew il-laqgħat ta' kull xahar. Il-laqgħa li jmiss ta' l-AD/HD Family Support Group ser issir nhar il-Ġimgħa 14 ta' Settembru 2007 **fil-Junior College Msida u tibda fis-6.30 ta' filgħaxija**. Il-laqgħa ser tkun laqgħa hekk imsejha miftuħa fejn min ikun preżenti jkun jista' jittkellem fuq is-sugġett li jixtieq. Fl-istess ħin ser ikun hemm introduzzjoni qasira dwar dak li qed jiġri fis-sezzjoni ta' l-adulti tal-grupp.

Waqt il-laqgħa **ser** ikun hemm is-servizz tal-lezzjonijiet tal-PSD għat-tfal li għandhom l-AD/HD u li għandhom minn seba' snin 'l fuq. Is-servizz ta' tħaris tat-tfal li għandhom inqas minn seba' snin ser ikun provdut ukoll.

Waqt il-vaganzi tas-sajf il-kumitat baqa' għaddej bil-ħidma tiegħu sabiex il-grupp ikompli miexi 'l quddiem. a) Ms Simone Schembri ser tkun qed tagħmel kors ta' "Coaching" f' Settembru u Ottubru. Il-grupp qiegħed jgħin f'dan il-proġett. b) Rigward post għall-grupp qegħdin qrib li nikkonkludu fuq post fl-imsida li qed inqisuh bħala soluzzjoni temporanja. Ikollna iktar dettalji iktar il-quddiem. ċ) Kellna kuntatt ma' l-awtoritajiet konċernati fejn ipproponejna li jsir kors ta' taħriġ, fuq is-sistema li jitharreġ min ser iħarreġ, fir-rigward ta' "Parenting Skills". Il-proġett intlaqa' tajjeb u qegħedin fil-proċess li niddiskutu d-dettalji. d) il-partecipazzjoni tagħna fl-AD/HD Europe kompli f'li bagħattna xi informazzjoni mitluba, dan sabiex l-għaqda tiġi effettivament maħluqa. e) komplejna nsegwu s-sitwazzjoni ta' l-ID Cards li jinħarġu mill-Kummissjoni Nazzjonali Persuni b'Diżabilità, tant li wasalna fil-qrib li nikkonkludu. Jonqos biss li jkun maqbul il-kliem li ser jintuza.

Il-Grupp reġa' ġie mitlub jorganizza sessjoni ta' taħriġ waqt l-"In Service Training" tad-Divizjoni ta' l-Edukazzjoni. Is-sessjoni ta' Lulju tista' titqies li kienet suċċess, u qed inħarsu 'l quddiem lejn is-sessjoni ta' Settembru.

Mehmuż ma din iċ-ċirkulari għadkom issibu informazzjoni dwar seminar li qed jiġi organizzat għal min għandu, jew għandu x'jaqsam ma', AD/HD, Dyslexia u Dyspraxia – "The Role of Essential Fatty Acids Omega 3 & Omega 6". Iktar informazzjoni ssibuha fl-avviż mehmuz.

Irridu nfakkru wkoll lill-membri sabiex iġeddu s-sħubija fil-grupp, dan għal min għadu ma għamilx hekk. Il-mizata hija ta' Lm7.00 għas-sena li tispicċa f'Dicembru 2007.

Dejjem Tagħkom,
Olav Attard
Segretarju Onorarju AD/HD Family Support Group
Ċirkulari Nru. 116 – AD/HD Family Support Group